



# Plants That Attract Butterflies

knechts.net 507-645-5015

## Perennials:

Achillea, Yarrow  
 Actaea (Cimicifuga),  
 Baneberry  
 Actinidia, Kiwi Vine  
 Alcea, Hollyhock  
 Allium, Ornamental  
 Onion  
 Aquilegia, Columbine  
 Arabis, Rock Cress  
 Armeria, Thrift  
 Asclepias, Butterfly  
 Weed  
 Aster  
 Baptisia, False Indigo  
 Buddleia, Butterfly Bush  
 Centaurea, Bachelor's  
 Button  
 Ceratostigma, Plumbago  
 Chelone, Turtle Head  
 Coreopsis, Tickseed  
 Delphinium  
 Dendranthema  
 Dianthus, Pinks  
 Digitalis, Foxglove  
 Echinacea, Coneflower  
 Eupatorium, Joe Pye  
 Weed  
 Gaillardia, Blanket  
 Flower  
 Geranium, Cranesbill

Helenium, Helen's  
 Flower  
 Heliopsis, False  
 Sunflower  
 Hemerocallis, Daylily  
 Heuchera, Coral Bells  
 Hibiscus, Rose of Sharon  
 Iris  
 Lavendula, Lavender  
 Leucanthemum, Shasta  
 Daisy  
 Liatris, Gayfeather  
 Ligularia, Leopard Plant  
 Lillium, Lily  
 Lonicera, Honeysuckle  
 Lupinus, Lupine  
 Lysimachia, Moneywort  
 Monarda, Bee Balm  
 Myosotis, Forget-me-not  
 Nepeta, Catmint  
 Penstemon, Beardtongue  
 Perovskia, Russian Sage  
 Phlox  
 Physostigia, Obedient  
 Plant  
 Rudbeckia, Black-Eyed  
 Susan  
 Salvia, Meadow Sage  
 Sedum, Stonecrop  
 Tanacetum, Tansy  
 Yucca, Adam's Needle

## Shrubs:

Almond  
 Azalea/Rhododendron  
 Buttonbush  
 Clethra  
 Dogwood  
 Elderberry  
 Honeysuckle  
 Lilac  
 Mockorange  
 Plum  
 Potentilla  
 Privet  
 Sandcherry  
 Serviceberry  
 Spirea  
 Sumac  
 Viburnum  
 Weigela

## Annuals:

Ageratum  
 Calendula  
 Cleome  
 Cosmos  
 Dianthus  
 Dianthus  
 Heliotrope  
 Impatiens  
 Lantana  
 Lobelia  
 Marigold  
 Nicotiana  
 Pentas  
 Verbena  
 Zinnia

## Herbs:







Chives  
 Dill  
 Fennel  
 Mint  
 Oregano  
 Parsley

## Trees:

Apple  
 Ash  
 Aspen  
 Birch  
 Blue Beech  
 Buckeye  
 Cherry  
 Dogwood  
 Elm  
 Fringetree  
 Hackberry  
 Hawthorn  
 Horsechestnut  
 Lilac  
 Linden  
 Locust  
 Maple  
 Oak  
 Plum  
 Poplar  
 Redbud  
 Serviceberry  
 Viburnum  
 Willow

## Creating a Butterfly Friendly Environment

Here are some ways to attract butterflies to your yard:

-  Butterflies need lots of sunshine to keep their bodies warm and moving.
-  Adult butterflies look for three specific flower structures for feeding. Daisy style flowers like coneflower and black-eyed Susans, clustered smaller flowers like butterfly weed and lilacs, and spikes of small flowers like liatris, salvia or butterfly bush.
-  Make sure to incorporate food sources not just for the adult butterflies but for their caterpillars. Butterfly/milk weed, hollyhock, and parsley are three good host plants for caterpillars.
-  Here are three ways to provide water for butterflies. Many are attracted to mud puddles, an open, sunny area with a shallow depression in the soil that is wetted regularly is perfect. Shallow saucers of water along the open edge of the garden allow butterflies easy access. Also, while you are watering your plants, let some water wet your garden path or stepping stones.
-  Be sure to place a few items in the sun garden that are good for butterfly basking. A couple well placed stones or a bench will provide an excellent surface for sun bathing butterflies.
-  Butterflies look for shelter during the night and inclement weather. Butterfly houses are a wonderful and attractive way to provide this.